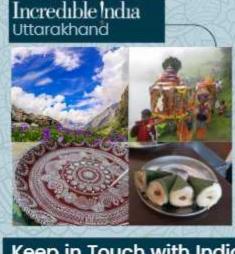
# Namaste Bali

Newsletter of the Consulate General of India, Bali

ISSUE 4 | APRIL 2023







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- Celebration of World Dance Day



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### **CONSULATE'S ACTIVITIES**

### Curtain Raiser of the 9th International Day of Yoga

To commemorate the 9th International Day of Yoga (IDY), Consulate General of India (CGI) and Swami Vivekananda Cultural Centre (SVCC) Bali are organising 'Yog Yatra' - curtain raiser of IDY Event in 9 regencies and one city in Bali. In April, the "curtain raiser" events were organised in Denpasar City, and Badung and Gianyar Regencies.

The first curtain raiser event was organised on 01 April in Denpasar in collaboration with Radio of the Republic of Indonesia, Denpasar (RRI Denpasar) at their premises. The second and third curtain raiser events in Badung and Gianyar were held in collaboration with Gumuh Ayu Yoga Centre on 21 April and Ubud Raya Resort on 30 April respectively. All the events received very positive responses and large number of participation of Yoga enthusiasts from all the age groups.



### Special Yoga Workshop for Women

CGI and SVCC Bali organised a special workshop 'Yoga for Women' on 15 April at the Consulate premises. The event covered many issues related with women health and was highly appreciated by the participants.



### Ambedkar Jayanti



Consulate General of India, Bali paid floral tribute to Babasaheb Dr. Bhimrao Ramji Ambedkar, architect of the Indian Constitution, on his 132nd Birth Anniversary on 14 April. A short documentary film on the life of Dr. Ambedkar was also screened on this occasion.

### Performance of Balinese Ramayana Dance-Drama Troupe

A 11-member Balinese Ramayana dance-drama troupe 'GEOKS' of Prof. I Wayan Dibia from Bali, on ICCR invitation, visited India and together with Kalpodip (India) performed at Ramayana Conclave: a Celebration of Ram Navami, organised by Ayodhya Research Institute on 30 and 31 March in Ayodhya. The troupe also performed at Parul University, Varodara in Gujarat on 04 April.



### **CONSULATE'S ACTIVITIES**

### A Special Screening of the 100th Episode of Mann ki Baat

Consulate General of India, Bali organised a live broadcast of the 100th Episode of Mann ki Baat at the Consulate with enthusiastic participation of Indian community and friends of India. This special day was also celebrated as 'Milletotsav' by the Consulate through an exhibition of Indian millet products and millet based delicacies.

During the event, Consul General Mrs. Neeharika Singh presented a special album - 'Commemorative Brochure of the Recipients of Padma Awards 2021' to Prof. I Wayan Dibia, Padma Shri recipient of the year 2021.



### Visit to Brahma Kumaris

CG visited Brahma Kumaris's Peace House on 21 April and met Sister Janaki, National Coordinator of Brahma Kumaris, Indonesia. CG had a very insightful conversation with her.



### World Dance Day Celebration

SVCC Bali participated in World Dance Day event organised by Naluri Manca Community supported by Government of Denpasar City on 29 April at Taman Kota Denpasar (Denpasar City Park).



### HOME AWAY FROM HOME | CONSULATE NEWS

#### Consular Section at CGI Bali

Indian Consulate functions as per Government of India rules and regulations as applicable from time to time. The objective of CGI, Bali is to increase trade, investments, tourism, to deepen cultural linkages and foster greater people relations people to between India and Bali province. To achieve these goals, CGI works closely with the Government officials, India community, friends of India and others. In April, total different services Were provided to the Indian nationals, OCI card holders, Balinese and foreign nationals.



### **KEEP IN TOUCH WITH INDIA**

Atal Bihari Vajpayee General Scholarship Scheme (A1201) Lata Mangeshkar Dance & Music Scholarship Scheme (A1209)

The portal is open now for ICCR's Atal Bihari Vajpayee General Scholarship Scheme (A1201) and Lata Mangeshkar Dance & Music Scholarship Scheme (A1209). Indonesian students are invited to apply through A2A portal http://a2ascholarships.iccr.gov.in latest by 15 May.



Consulate General of India

Atal Bihari Vajpayee General Scholarship Scheme

ICCR has announced Scholarship slots globally under Atal Bihari Vajpayee General Scholarship Scheme (A2201) (formerly General Scholarship Scheme) for the academic year 2023-24 for international students.

- Interested candidates are kindly invited to apply on the AzA portal http://azascholarships.iccr.gov.in/ for admission in Indian universities/Institutes during the Academic Year 2023-24. The timeline is as follows:
  - Last date of application to be submitted by students 16 May 2023.
  - Last date for universities to inform the decision to students 13 June 2023.
  - Last date for allocating scholarship and generating offer letters 30 June 2023.
  - Last date of acceptance by students 15 July 2023.

Lata Mangeshkar Dance & Music Scholarship Scher

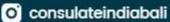
ICCR has announced 100 Scholarship slots globally under the Lata Mangeshkar Dance & Music Scholarship Scheme (A1209) for pursing study of Indian Culture such as dance. music, theatre, performing art, sculpture, Indian languages, Indian cuisine, etc. for the academic year 2023-24.

- Applications from interested international students for the academic year 2023-24 will he invited online through ICCR's A2A scholarship portal http://e2ascholarships.iccr.gov.in/ The students will have the option to apply to 5 universities/institutes in the order of their preference of study. Before applying, they are advised to check the eligibility criteria, course offerings and documents required on the respective universities' websites.
- Important timeline for the admission process is below:
  - Last date of application to be submitted by students 15 May 2023.
  - Last date for universities to inform the decision to students 15 June 023.
  - Last date for allocating scholarship and generating offer letters 30 June 2023.
  - Last date of acceptance by students 15 July 2023.











### **NEWS FROM INDIA**

### The 100th Episode of Mann ki Baat

PM Narendra Modi addressed the 100th Episode of Mann Ki Baat on 30 April. The program was first broadcast on All India Radio on 3 October 2014 on the auspicious occasion of Vijayadashami. On the occasion of broadcast of the landmark 100th episode of this popular program, UNESCO DG, Ms Audrey Azoulay extended her best wishes to all the countrymen for the wonderful journey of 100 episodes.



In 100th episode, PM recalled some of the important issues that he has spoken on like 'Selfie with Daughter' campaign, cleanliness, environment and ecology, encouraging people to buy local products and visit Indian tourist spots. This historic episode was also broadcast live in the United Nations headquarters in New York.

### Operation Kaveri





Government of India launched Operation Kaveri' on 24 April to rescue around 3,000 stranded Indians from crisis-hit Sudan. Indian citizens are being taken to the Saudi Arabian city of Jeddah by Indian Air Force's heavy-lift transport aircraft and Indian Navy's ships.

### India's Low-Cost Star Tracker is Up and Running in Space

StarBerrySense, a new sensor developed by the Indian Institute of Astrophysics (IIA) to identify stars in the sky is performing well in the vacuum of space as it continued to function on the fourth stage of the PSLV-C55 mission launched in April. The sensor, developed from offthe-shelf components, has been designed to quickly calculate where the satellite is pointing and provides the most accurate information about a spacecraft's orientation. IIA stated that StarBerrySense can withstand the harsh conditions in space and is functioning as expected.



### Satwik-Chirag Pair Won Gold Medal at Badminton Asia Championships



Satwiksairaj Rankireddy and Chirag Shetty created history by becoming the first-ever Indian men's doubles pair to won gold medal at the Badminton Asia Championships on 30 April.

They won gold medal at Commonwealth Games and bronze at World Championships last year by beating the Malaysian pair of Ong Yew Sin and Teo Ee Yi 16-21, 21-17, 21-19 in 67 minutes in the final in Dubai.

Overall, this is India's second gold medal at the event.



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# Incredible India

## Uttarakhana

Uttarakhand is a state in the northern India. It is often referred to as the "Devbhumi" ('Land of the Gods') due to its religious significance and numerous Hindu temples and pilgrimage centres found throughout the state. Uttarakhand is known for the natural environment of the Himalayas, the Bhabar and the Terai regions. It borders the Tibet to the north; Nepal to the east; the Indian states of Uttar Pradesh to the south and Himachal Pradesh to the west and north-west. The state is divided into two divisions, Garhwal and Kumaon, with a total of 13 districts.

#### How to Reach

There are two domestic airports in Uttarakhand that connects with all the major cities in the country. One of them is the Jolly Grant Airport in Dehradun which is also the central point to reaching anywhere in Uttarakhand. It is located 22 kilometres from the city centre. It also provides non-stop flights to and from Delhi, Bangalore, Mumbai and Chennai. Places of Interest

People call it the 'Land of Gods'. Mysterious, beautiful, exotic, charming, and magnificent, that's Uttrakhand in a nutshell. The enchanting land is blessed with amazing tourist places and when tourists visit this place they can better judge why the God chose Uttrakhand to make it their abode. With several beautiful places to visit in Uttarakhand, a trip to Uttarakhand should definitely be in the bucket list of places to see in India.

#### Festivals

Uttarakhand is known for its abundance of festivals and fairs. They have helped preserve the region's cultural customs and folk music. Some of Uttarakhand festivals are Phool Dei, Harela, Nanda Devi Rai Jat, and Purnagiri Mela. Phool Dei is an auspicious folk festival which welcomes the spring season in the state. Harela a festival which marks the onset of monsoon, celebrated annually in July in the Kumaon region of Uttarakhand. Nanda Devi Raj Jat is a festival in which Goddess Nanda Devi is worshipped. Last, Purnagiri Mela is celebrated at Shri Purnagiri Temple every year in Chaitra Navratri.





The food of Uttarakhand is dominated by Garhwali cuisine and Kumaoni cuisine, two of its main regions. The dishes are simple and locally grown without being dominated by complex spices. They are not only satisfying the taste buds but also boost the immunity power of the body. The cuisines are simple yet incredible. The primary food includes vegetables with wheat being a staple for the locals. The food made with lentils and cooked over slow fire has a balanced flavour. The sparing use of tomatoes, milk and milk-based products in cooking is what makes every dish unique.

#### Handicrafts

The handicrafts of Uttarakhand has the potential for great valueaddition to the tourism industry of the region. Uttarakhand handicraft is famous for it's temple architecture, wood carvings, paintings and traditional ornaments. The crafts of Uttarakhand are exemplary examples of the skills of the people living in the Himalayas. Uttarakhand had traditional artisans including "Tamtas" (Copper Smith), and other artisans making useful household items from Bamboo and other commercial wood. The crafts also include various forms of embroidery and handworks.

For further information, please visit https://uttarakhandtourism.gov.in



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### **INDIAN KITCHEN**

### Jhangora ki Kheer

Jhangora ki Kheer is a sweet dish of Uttarakhand made out of a local millet called Jhangora. It is hailed for its rich texture and taste buds for quite a long time. This dish is a must have as it has the goodness of milk, cashews and raisins

#### Ingredients

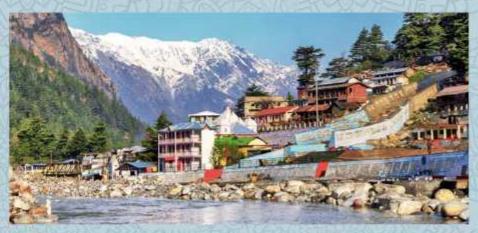
- · 1 litre full cream milk
- · 3 cup Barnyard/Jhangora millet
- · 4-5 cup sugar
- · 1/4 cup condensed milk
- 1 tablespoon cashews
- 1/2 tablespoon raisins
- 1/2 cup almonds
- · 8-10 saffron threads



- · Take a big bowl and wash your Jhangora carefully. Soak it in water for 1 hour.
- Take a deep bottomed pan, add milk in it and let the milk boil over medium flame.
- Once the milk is boiled and reduces its original volume to half add your Jhangora millet in it as well as keep stirring. Make sure it is mixed completely and avoid lumps.
- Once the Jhangora is mixed properly add sugar/condensed milk (any 1 out of both) slowly while stirring. Let it cook until the sugar dissolves.
- · Now, add saffron threads and cook your kheer in medium flame.
- · Once the kheer is cooked remove the kheer from flame and transfer it to a bowl.
- · Garnish your Jhangora kheer with dry fruits i.e., raisins, cashews & almonds and serve warm.

### **INDIA FUN FACT**

Gangotri The Origin of Ganga River



Gangotri is one of the four most sacred, holy destinations of Char Dham pilgrimage circuit in Uttarakhand. It is also the origin of the Ganges river and seat of the goddess Ganga. The river is called Bhagirathi at the source and acquires the name Ganga (the Ganges) from Devprayag onwards where it meets the Alaknanda.

The actual source of Holy river Ganga is at Gaumukh, set in the Gangotri Glaciers and is a 19 Kms trek from Gangotri. According to Hindu mythology, Goddess Ganga – the daughter of heaven, took the form of a river to absolve the sins of King Bhagirath's predecessors, following his severe penance of several centuries. Lord Shiva received Ganga into his matted locks to minimize the impact of her fall.



