Namaste Bali

Newsletter of the Consulate General of India, Bali

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Incredible India



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Indian Kitchen Sel Roti





India Fun Fact Mount Kanchenjunga

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Contest

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Yog Yatra of the International Day of Yoga 2023

In the month of June, our Yog Yatra reached to the last two Regencies- Jembrana and Buleleng. Around 150 people enthusiastically took part in 8th curtain raiser event of IDY in Jembrana Regency that was organized on 10 June in collaboration with PPYNI Jembrana Kapha Yoga. The 9th and final curtain raiser event, organized in Taman Bung Karno Singaraja in Buleleng Regency on 14 June witnessed participation of around 150 people. The Yoga Yatra, started from 01 April 2023 covered 8 Regencies and one city (Denpasar) during 78 days journey. Total 22 yoga events were organized including 9 curtain raisers in each Regency and 13 pre-IDY eventss.



Yoga Seminar 'Harmony Yourself through Yoga'



Director of SVCC Bali, Shri Naveen Meghwal organized a Yoga Seminar 'Harmony Yourself through Yoga' on 14 June in colaboration with STAH Mpu Kuturan, Singaraja and delivered a talk on 'Yoga Philosophy' . The seminar was very well received by 100 students along with lecturers of STAH Mpu Kuturan, Singaraja.

Yoga Workshops in Gianyar Regency

As part of our curtain raiser series - 'Yog Yatra' of International Day of Yoga 2023, CGI & SVCC Bali organized yoga workshops in several places in Gianyar Regency, Bali. The first yoga workshop was held as 'Yoga for Artist' in Geoks Arts Space, Gianyar on 08 June. The second yoga workshop was organised on 11 June in collaboration with Taksu Yoga in ARMA Museum, Gianyar on 11 June. The last workshop was Hatha Yoga workshop at Narayiana Ashram, Gianyar on 17 June 2023.



All sessions were conducted by Director SVCC Bali Shri Naveen Meghwal and well received by yoga enthusiasts.



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Celebration of the 9th International Day of Yoga

The 9th International Day of Yoga was organised at Lapangan Puputan Margarana, Niti Mandala, Denpasar in front of the iconic landscape of Bali, Bajra Sandhi Monument on 21 June. CGI & SVCC, Bali collaborative event witnessed the participation of over 1000 yoga enthusiasts including Government officers, Consular Corps, media persons and Indian community members. Event started with CG's welcoming remarks followed by a 60 minutes Yoga Session and concluded with the distribution of prizes to the winners of Yoga painting competition, yoga quiz competition and door prize. The painting competition with theme 'Yoga for Life' received exceptional response from elementary school students in Denpasar aged 7 -12 years.



Makasaar city in South Sulawesi witnessed the second edition of 9th IDY event that was organized on 24 June by CGI and SVCC in collaboration with Makasaar city Government. The event organized at Anjungan Pantai Losari in front of Makassar's iconic landmark, the 99 Domes Mosque was attended by more than 200 people comprised of local Government officials, media persons and yoga enthusiasts. The protocol was conducted by Director of SVCC Bali, Shri Naveen Meghwal. A press conference related to the organisation of the programme was held on 23 June at the official residence of Mayor of Makassar and attended by media personnels and related officers.







Meeting with Representative of US Consulate General, Surabaya

CG received courtesy call from Acting Political and Economic Unit Chief, Mr. Clint Shoemake, and Vice Consul overseeing regional affairs, Ms. Crystal Spearman of the Consulate General of the United States of America in Surabaya during their visit to Bali on 22 June. The main areas of discussion were trade, SEZ, medical-health system, SMEs etc.



Performance of Balinese Ramayana Dance Group at National Ramayana Mahotsav



The 14 members Balinese Ramayana Dance troupe 'Sanggar Yasa Putra Sedana' from Gianyar, Bali visited Chhattisgarh, India from 01-03 June on ICCR's invitation and performed at "National Ramayana Mahotsav".

CGI & SVCC Bali's Collaboration with Samsara Living Museum



CGI and SVCC Bali in collaboration with Samsara Living Museum organised a special yoga session and Balinese-Odissi dance performance at Samsara Living Museum in Karangasam on 04 June. The evening also witnessed mesmerising performances by the Balinese artists from the living museum and visiting Odissi dance group Jay Ganesha Kala Bikash Kendra from Kalinga International Youth Foundation.

The International Day against Drug Abuse & Illicit Trafficking

CG attended the commemoration of The International Day against Drug Abuse & Illicit Trafficking (HANI 2023) on 26 June at Garuda Wisnu Kencana Cultural Park, Bali organised by Indonesian National Narcotics Board. The programme was held under theme 'People First: Stop Stigma and Discrimination, Strengthen Prevention',



Opening of the 45th Bali Art Festival



CG attended opening of the 45th Bali Art Festival which was held by the Provincial Government of Bali on 18 June in front of one of Bali's iconic landmarks, Bajra Sandhi Monument. The programme is the biggest annual art festival in Bali and was opened by the fifth President of Indonesia, Megawati Soekarnoputri and attended by local dignitaries as well as members of consular corps.



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Celebration of the 350th Year of Chatrapati Shivaji Maharaj Coronation Day

CGI and SVCC Bali paid floral tribute to Chatrapati Shivaji Maharaj on the occasion of 350th year of Maharaj's Coronation Day on 06 June. Chhatrapati Shivaji Maharaj was formally crowned as the Chhatrapati (king) at Raigad in Maharashtra on 6th June, 1674 for the first time. The day is celebrated every year as 'Coronation Day'of Chhatrapati Shivaji Mahataj.



Talk on Science of Yoga at Brahma Kumaris Denpasar

CGI and SVCC Bali organized a Talk on 'Science of Yoga' in Brahma Kumaris - Peace House Centre, Denpasar on 06 June. This program conducted by Shri Naveen Meghwal, Director of SVCC Bali, was live telecast to Surabaya & Jakarta Brahma Kumaris Centres also and very well received by the participants.



SVCC Bali's Performance at the Inauguration of Dinner with Tiger of Ranthambore

CG attended the opening of a new segment in Bali Safari and Marine Park- Dinner with Tiger at Ranthambore on 01 June. The area has replicated as Ranthambore fort. On this occasion, SVCC Odissi dance teacher Mr. Pravata and his students presented a cultural performance themed on 'nature'.





HOME AWAY FROM HOME | CONSULATE NEWS

Consular Section at CGI Bali

India has G20 Presidency this year. Diplomatic/Official/Ordinary passport holders participants/delegates intending to attend G20 meetings may apply for Indian Visa through https://indianvisaonline.gov.in in two modes :

e-Visa - Only Ordinary Passport holders may apply for eVisa application online. Select Visa Service as G20 eConference Visa and purpose as "To Attend G20 Conference/Meeting".

Regular Visa - Diplomatic/Official/Ordinary Passport holders may fill online application and submit to Indian Embassy in Jakarta / CGI Bali. Select Visa Service as Conference Visa and purpose as "To Attend G20 Conference/Meeting".

In June, total 30 different services were provided to the Indian nationals, OCI card holders, Balinese and foreign nationals.



KEEP IN TOUCH WITH INDIA

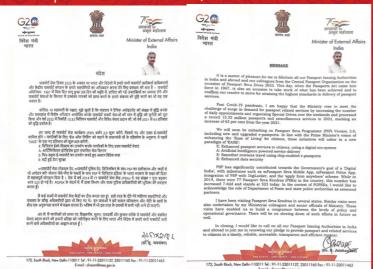
Yoga My Pride Photography Contest



"Yoga My Pride" Photography Contest is being organized by the Ministry of AYUSH and ICCR from 09 June to 10 July 2023 to raise awareness about The Yoqa. contest will support participation MyGov platform (https://mygov.in) of the Government of India (GoI) and will be open to participants from all over the world.)

Passport Sewa Divas

On the occasion of Passport Seva Diwas on 24 June, External Affairs Minister Dr. S Jaishankar announced the second phase of the Passport Seva Programme (PSP-Version 2.0), which includes new and upgraded e-passports.Passport Seva Divas is observe every year on 24 June to commemorate the enactment of the Passports Act on 24 June, 1967.



VAIBHAV Fellowship (1st Call)

Department of Science and Technology in the Ministry of Science and Technology, India invites proposals for 1st call under VAIBHAV fellowship from scientists of Indian Diaspora.

further details, please visit: http://www.dst.gov.in



VAIshwik BHArtiya Vaigyanik (VAIBHAV) Fellowship (Ist Call)

(For Indian Diaspora)

(For NRI/OCI/PIO)

Starting date: 15th June 2023 Closing Date: 31st July 2023

Government of India had organized Vaishvik Bharatiya Vaigyanik (VAIBHAV) Summit to connect Indian STEMM diaspora with Indian Institutions. The summit was attended by more than 25,000 attendees. 230 panel discussion sessions were held over 23 days on 18 Verticals (research areas) and 80 Horizontals (sub-research areas) (see more details in following sections). Indian STEMM diaspora from more than 70 countries had participated in the deliberations.

In this connection the Government has taken a step further to shape and implement the VAIBHAV programme and is announcing VAIBHAV Fellowship Call-2023 as a first step. The Department of Science and Technology (DST), Ministry of Science and Technology, Government of India, would implement the VAIBHAV Fellowship Program. DST is one of the Government Departments under Ministry of Science and Technology which plays the role of a nodal department for organizing, coordinating and promoting S&T activities in the country with the objective of promoting new areas of Science & Technology.









NEWS FROM INDIA

Prime Minister's Visit to US

Prime Minister Narendra Modi paid official state visit to the USA from 21-23 June. The visit commenced with the celebrations of the International Day of Yoga at the United Nations Headquarter. Prime Minister received a ceremonial welcome at the White House, by US President Joe Biden and held bilateral talks on wide range of issues of mutual interests followed by Prime Minister's address to the joint session of the US Congress and a State Dinner hosted at the White House by the President Biden in his honour. Prime Minister Modi is the third world leader to have spoken to the US Congress twice, after Nelson Mandela and Winston Churchill. He also met with leading CEOs, professionals and other stakeholders along with members of the Indian Diaspora.



Prime Minister's Visit to Egypt



During first visit to Egypt from 24-25 June, Prime Minister Modi held talks with President Abdel Fattah El-Sisi and was conferred the Arab country's highest honour 'Order of the Nile', Egypt's highest state honour. This is the 13th highest state honour conferred upon Prime Minister Modi.

4th G20 Tourism Working Group Meeting



The G20 Tourism Working Group meeting and Ministerial Meeting took place in Goa from 19 to 23 June. The meeting focused on Cruise Tourism, Global Tourism Plastic Initiative, and Public Private Sector initiatives. Key deliverables include the GOA Roadmap for tourism and the G20 Tourism Ministers' Declaration. The Ministry of Tourism is working on five priority areas: Green Tourism, Digitalization, Skills, Tourism MSMEs, and Destination Management. A G20 Tourism and SDG Dashboard will be launched, showcasing best practices and case studies from G20 countries.

Indian Battery Storage Projects to Get \$455 Million

India is offering 37.6 billion rupees (\$455.2 million) in incentives to companies setting up battery storage projects totaling 4,000 megawatt hours under a scheme announced earlier this year. The aim is to boost battery storage projects critical to India's ambitious plan to expand its renewable energy capacity to 500 gigawatts by 2030 and cut the cost of battery energy storage from 5.5-6.5 rupees per unit. The government will provide viability gap funding in the form of grants for three years and expects private investments worth 56 billion rupees through the scheme. Contracts will be awarded through a competitive process, with the company with the lowest bid selected. India currently has 37 MWh of battery storage capacity and requires 236 GWh of battery energy storage by 2031-32.







Incredible India

Sikkim, located in northeastern India, is the least populous and second smallest state in the Eastern Himalayas. It is known for its biodiversity, alpine and subtropical climates, and the Kangchenjunga peak. The state's capital is Gangtok, and nearly 35% of it is covered by the Khangchendzonga National Park. Founded in the 17th century, Sikkim became a princely state of British India in 1890 and became the 22nd state of India in 1975. The state is multiethnic and multilingual, with official languages including English, Nepali, Sikkimese, and Lepcha.

How to Reach

The fastest mode to reach Sikkim is, of course, airway. You can reach Sikkim through airway by taking a flight to Bagdogra Airport in West Bengal. Though there is no major railway station in the state, you can also resort on railway to reach Sikkim by taking a train to Siliguri or Jalpaiguri. Furthermore, you can also hit the road to reach Sikkim.

Places of Interest



A sparkling gem of the north-east, Sikkim is the enchanting window to the majestic Kanchenjunga, the third-highest peak in the world. Sweeping vistas, deep-mouthed gorges, dense rhododendron forests, and lofty mountain-passes create its breathtaking panorama.

Inhabited primarily by Tibetan Buddhists and Nepali Hindus, Sikkim is home to exquisite mural-filled monasteries and stunning Hindu temples, both existing in harmony.

The festivals of Sikkim are performed with full pomp and gaiety as per their Buddhist calendar. According to the Buddhist Lunar calendar, Saga Dawa is celebrated in the fourth month. It is celebrated as Buddha Poornima across various parts of India. Tendong Lho Rum Faat is one of the oldest festivals of Sikkim, wherein people offer thanksgiving to Mount Tendong. The Losar festival is commemorated by gatherings of family, friends, and relatives. The Gutor Chaam, a dance performed at the Rumtek monastery, depicts a conflict between good and evil.



Cuisines



In the cuisine of Sikkim, in northeastern India, rice is a staple food, and fermented foods traditionally constitute a significant portion of the cuisine. Indian cuisine is popular, as Sikkim is the only state of India with an ethnic Indian Gorkha majority. Many restaurants in Sikkim serve various types of Nepalese cuisine, such as the Limbu, Newa and Thakali cuisines. Tibetan cuisine has also influenced Sikkimese cuisine. The combination of various cuisines has resulted in one specific cuisine.

Handicrafts

The region has a rich variety of handicrafts and handlooms many of which show a strong influence from surrounding areas like Tibet and Nepal. The fine woodwork, scroll paintings, ornamental tables and carpets that are seen in the monasteries are perhaps a visitor's first introduction to the crafts of this state. But there's a lot more than just that. Here are five stunning handloom and handicrafts of Sikkim to look out for handwoven textiles, Thangka paintings, cane and bamboo crafts, woodwork, and masks.



For further information, please visit https://www.sikkimtourism.gov.in/









INDIAN KITCHEN

Sel Roti

Sel Roti is a crispy snack from the Indian Ingredients state of Sikkim that is popularly made during the Tihar Festival. This mildly sweet roti is served with spicy curry.

This mildly sweet bread is made with rice and few spices. Also some sort of fat (I used ghee) is added to the batter and then is poured by hand into hot oil and deep fried until golden brown and crispy.

- Raw rice 1 cup
- Sugar 1/4 cup
- Ghee 1/4 cup
- Cardamom powder ½ tsp
- Powdered clove 1/8th tsp
- Oil for deep frying



Method

- Wash and soak the rice overnight and the next day drain the water.
- In a blender, add the drained rice, ghee, cardamom powder and sugar and blend it to a smooth paste. Add water little by little so that you get a thick batter.
- Remove the batter to a bowl and using a ladle whip it up for a while, so it becomes light and fluffy.
- Heat oil in a wide pan. Using a ladle, pour the batter in a circle shape into the hot oil. Let it cook on one side and then flip it to the other side using a bamboo stick (or a chopstick).
- Make sure that you cook these in low flame to get evenly browned and crispy texture.
- Once it is cooked all the way around, drain it on a paper towel lined dish.

INDIA FUN FACT

Mount Kanchenjunga The Highest Peak of India



Mount Kanchenjunga is the third highest mountain in the world and the highest peak of India. It is a part of the Himalayan mountain range and is located in the India-Nepal border. The mountain stands at an altitude of 8586 meters. Kanchenjunga means 'the five treasures of God' representing the five repositories of God which are gold, silver, gems, grain and holy books.

Three peaks of the five in total are located in North Sikkim near the border with Nepal and the other two peaks lie entirely on the Taplejung district of Nepal. The Kangchenjunga contains

twelve more peaks located in the vicinity. The five peaks of the Kanchenjunga are the Main Kanchenjunga peak at a height of 8586 meters, Kanchenjunga West at 8505 meters, Kanchenjunga Central at 8482 meters, Kanchenjunga South at 8494 meters and Kangbachen at a height of 7903 meters.

The Kanchenjunga Mountain is supported by ridges on all sides. Kanchenjunga was assumed to be the highest mountain in the world until the year 1852. However, after the calculations made by the Great Trigonometric Survey of India in 1849 it came to the conclusion that the Mount Everest was the highest mountain of the world and Kanchenjunga was the third highest.

The name Kangchenjunga is derived from the Sanskrit word 'Kanchana Ganga'. Kanchana means gold and Ganga is the river which flows in the region. The river shines like gold and hence the name was given to the mountain. The name Kangchenjunga is spelt in a number of alternate ones like Kungchen Dzonga, Khangchendzonga, Kanchenjanga, Kachendzonga or Kangchanfanga. The name was thereby left as Kangchenjunga by its wide acceptance and usage.

Established in the year 1977, Kanchendzonga National Park was initially a Biosphere reserve. Previously it was named Kanchenjunga National Park and later it was turned into Kanchendzonga National Park. Inside the park there are a few Lepcha settlements.









CGI BALI ON LOCAL MEDIA

Celebration of the 9th International Day of Yoga



(Konjen) India dan Pusat Kebudayaan Swami Vivekananda Bali merayakan Hari Yoga Internasional ke-9 di Lapangan Puputan Margarana, Niti Mandala, Renon, Denpasar, tepatnya di depan salah satu landmark terkenal di Bali yaitu, Monumen Perjuangan Rakyat Bali yang lebih dikenal dengan Monumen Bajra Sandhi, Rabu

Dalam sambutannya, Konsul Jenderal India Neeharika



















Berita Kota









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Hari Yoga Internasional ke-9 bakal dirayakan di

Anjungan Pantai Losari, Kota Makassar,



CGI BALI ON LOCAL MEDIA

CGI and SVCC Bali's Activities



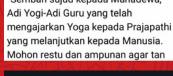








Puspa Adnyana "Sembah sujud kepada Mahadewa, Adi Yogi-Adi Guru yang telah



Cari Berita

atnews.id







berbagi wawasan tentang yoga.



Denpasar (Atnews) - Director of Swami Vivekananda Cultural Centre (SVCC) Bali/The Indian Council for

India-Bali Relation



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